

# Mendham Day Camp Covid-19 Quarantine Policy

## Who **does not** need to quarantine from camp?

If you had close contact with someone with COVID-19 and you are in one of the following groups, you do not need to quarantine.

- You are up to date with your COVID-19 vaccines.
- You had confirmed COVID-19 within the last 90 days (meaning you tested positive using a viral test).
- You do **not** live with the person that tested positive

If you are up to date with COVID-19 vaccines, you **must** wear a **K or N 95 mask** at camp indoors and outdoors for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0). Get tested at least 5 days after you last had close contact with someone with COVID-19. If you test positive or develop COVID-19 symptoms any time during the 10 days, you must quarantine from camp (see below for details)

## Who **must** quarantine from camp?

If you come into close contact with someone with COVID-19, you should quarantine if you are not up to date on COVID-19 vaccines **or** you live in the same household of the person that tested positive (regardless of vaccination status.) This includes all people who are not vaccinated.

## What to do for quarantine?

You must quarantine from camp for at least 5 days (day 0 through day 5) after your last contact with a person who has COVID-19. The date of your exposure is considered day 0. Wear a well-fitting mask when around others at home, if possible.

For 10 days after your last close contact with someone with COVID-19, watch for fever (100.4°F or greater), cough, shortness of breath, or other COVID-19 symptoms.

### Symptoms

If **you develop symptoms**, get tested immediately and isolate until you receive your test results. If you test positive, follow isolation recommendations.

If **you do not develop symptoms**, get tested at least 5 days after you last had close contact with someone with **COVID-19**.

### Testing

If **you test negative**, you can return to camp on the 6th day, but **must wear a K or N 95 mask** when at camp (**indoors and outdoors**) until 10 days after your last close contact with someone with COVID-19.

If **you test positive**, you must quarantine from camp for at least 5 days from the date of your positive test (if you do not have symptoms). If you do develop COVID-19 symptoms, isolate for at least 5 days from the date your symptoms began (the date the symptoms started is day 0).

If you are unable to get a test 5 days after last close contact with someone with COVID-19, you can return to camp on day 6 if you have been without COVID-19 symptoms throughout the 5-day period. You must wear a **K or N 95 mask** from day 6 thru 10. On day 11 you can return without a mask if you so choose.