



Sign up for important updates from Mr. Kyle (Medical), Ms. Gallagher, and Nikki Santomo.

Get information for **2023 MDC Families** right on your phone—not on handouts.

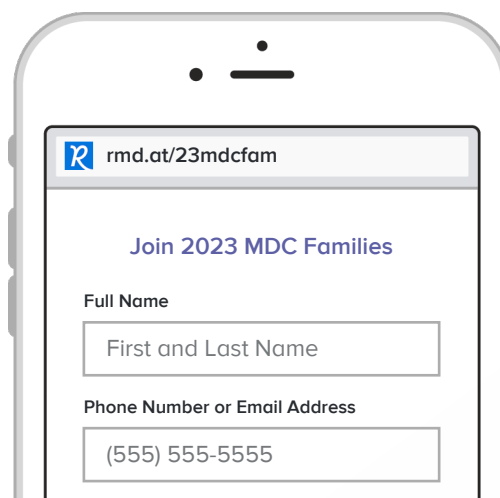
Pick a way to receive messages for **2023 MDC Families**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/23mdcfam

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@23mdcfam](https://t.me/@23mdcfam) to the number **81010**.

If you're having trouble with **81010**, try texting [@23mdcfam](https://t.me/@23mdcfam) to **(563) 265-6842**.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/23mdcfam on a desktop computer to sign up for email notifications.